



# CAMERON BOYS CAMP

**B**aptist Children's Homes (BCH) provides residential services for boys near Southern Pines, North Carolina. Cameron Boys Camp is a wilderness camping program designed to provide boys and their families an opportunity to work out problems through a highly-structured alternative education program.



For more than 70 years, the lives of boys have been transformed through this unique camp model developed by New York University and the University of Michigan in the late 1940's. Today, BCH's camp program is thriving and is bolstered by partnerships that include Cornell University and the University of North Carolina.

Located on 902 wooded acres, Cameron Boys Camp offers the freedom of being outdoors and the structure of small groups with constant, caring supervision. Boys live in groups of ten with three counselors, called "Chiefs." With the help of their peers and Chiefs, campers learn discipline, positive behavior patterns and self-worth.

Residential wilderness camping uses a team, or group work approach, to help boys grow socially, emotionally, mentally, physically and spiritually. The goal is to build positive, healthy relationships between the boys and Chiefs. Through these relationships deep hurts are healed and lives are changed. The relationship skills each boy learns are transferred home to his family.

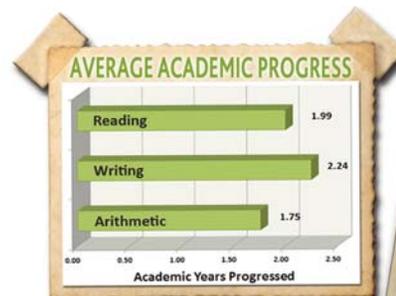
**Activities:** Campers and their Chiefs plan daily activities. They build their own living shelters, cut wood, cook meals two days a week, sort laundry, care for equipment, maintain trails, plan trips, and have fun! Group games, fishing, swimming, crafts, and personal time fill their weeks, providing a well-balanced program.

**Adventure:** Paddling 250 miles down the Suwannee River, camping in the Pisgah National Forest and backpacking the Appalachian Trail are all part of the camp adventure. Trips open doors for growth, team building and practical lessons.

**Camp Community:** Camp spirit and team effort are vital. Everyone helps create the friendly atmosphere essential to group therapy.

**Chiefs:** As authentic, adult role models, Chiefs wear many hats – from counselor to friend to teacher. Solid values and strong standards are the backdrop of a Chief's life. Chiefs become deeply involved in the boys lives, daring to love unconditionally, building relationships and challenging them to grow and succeed.

**Education:** Camp is an alternative, non-public school. Trips to historical and cultural sites, skits at camp-wide parties, writing for the camp newspaper *Trail Talk*, drafting plans for a new shelter and building it, enjoying natural science, and preparing meals – all make learning enjoyable. The primary goal of Camp is to foster a happy, well-adjusted boy who is confident enough to want to learn.



**In ONE YEAR at CAMP, the average academic IMPROVEMENT of boys is TWO GRADE LEVELS.**



**Families:** A continuing relationship with family is essential. From arrival at Camp through follow-up visits after a camper leaves, family workers counsel family members. Family workers provide support, education, and insight on family issues. They also serve as a means to monitor family progress and keep parents and custodians informed about their child. Family sessions, parent group meetings and quarterly review conferences monitor progress and highlight achievements. Every six weeks, campers return to their homes for a four-day weekend, called "Homesday." Working on family relationships is an important part of the program.



**Goals:** Campers learn personal worth and discipline through a goal-oriented program of tasks and accomplishments they set for themselves and their peers. From this informal, consistent group therapy, campers learn effective behavior patterns and deeper values. And each new achievement is evaluated for meaning, insight and lessons learned.

**Group Process:** Structured small groups living in the outdoors are the heart of therapeutic camping. Boys are grouped by ages and the types of problems they are having.

Each camper learns the value of honesty, trust and friendship. The group's success depends on each camper. An evaluation process occurs during a "pow-wow" as the group discusses personal insights, their successes and failures, and the next day's activities. Boys receive positive affirmation from peers before the pow-wow is complete. The main goal is to build positive, healthy, trusting relationships between the boys, Chiefs, and peers.

These shared experiences and affirmations provide incentives which foster behavioral change. As group identity grows, boys begin to develop loyalty and group cohesiveness.

**Partnership:** At Camp, partnership consists of these elements: the campers and Chiefs, staff members, families, and referral agencies when applicable. When all are together in spirit supporting and working on goals, great progress is made toward families being reunited.

**Solving Problems:** Daily routines are purposefully relaxed allowing time to deal with behavior problems. Because solving problems is key to a camper's progress, each boy is led to freely and responsibly express himself in discovering positive solutions. The "group" is the instrument of behavior change. Together they discuss a problem using "P-S-P" procedure: identify the problem, decide on a solution, and discuss the prevention of a similar problem.

**Discipline:** At Camp, discipline is a learning opportunity. Discipline is achieved through mutual goals, group plans, a problem-solving process, routines, and a caring group. No physical punishment is used. Natural consequences may occur for disruptive behavior such as missing fishing time.

**Spiritual Emphasis:** The spiritual emphasis at camp is life-wide. It is emphasized in all activities, whether fishing, building a tent or going on a trip. Everything is done in the spirit of rightness and with an attitude of serving Jesus Christ. Through this attitude and spirit, boys experience peace and a sense of rightness drawing them to right relationships with others and God.

Moreover, the entire camp meets twice a week for devotions. The small, informal service allows campers and Chiefs to share spiritual insights realized through the course of their week. Singing, a large part of the camping experience, helps the boys learn to harmonize their voices and their lives with others.

### Information and Referrals

To inquire about admission, call **910.245.4034** or go to

**[www.bchfamily.org/referral](http://www.bchfamily.org/referral)**

Fax: **910.245.3616**

Email: **[cameronboyscamp@bchfamily.org](mailto:cameronboyscamp@bchfamily.org)**

Website: **[www.cameronboyscamp.org](http://www.cameronboyscamp.org)**

### Correspond by Mail

Cameron Boys Camp

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Accredited by the Council on Accreditation for Children & Family Services. In 2011, Baptist Children's Homes of North Carolina received a perfect review scoring the highest possible rating on all 667 standards.