

***God sees you. God loves you.
God wants a relationship with you.***

"I don't matter to anyone anymore."

"For a long time I felt lonely. Now I just feel numb."

"The only person I regularly talk to is the person who brings meals on wheels."

"I'm just existing. I don't feel I have a purpose anymore."

NCBAM can help your church to plan, implement, and maintain its own **One Hope** ministry to those suffering in your community. **NCBAM's One Hope** workshop includes:

- An overview of social isolation and loneliness
- Methods for identifying those most at risk
- Training "communicators" and "encouragers"
- Tips, tools, and resources for incorporating prayer, evangelism, and discipleship
- Evidence-based health coach techniques that are client focused and results driven
- When and how to refer other needs
- Developing community-based solutions

Call **877.506.2226** to schedule a **One Hope** workshop for your church.

**The NCBAM Hope Line
866.578.4673**

The Hope Line receives calls **Monday through Friday, 9am-9pm.** Trained volunteers and staff respond with a friendly voice, a compassionate ear, and missional hearts to pray with and for people.

"We weren't made to be alone. God wired us for connection—to Himself and to others. A spiritual response to the isolation and loneliness epidemic is the answer because it provides the connection we were all made to have."

– Dr. Sandy C. Gregory, Director, NCBAM

Mission

To offer the **One Hope of the Father, who is above all, and through all, and in all** to those experiencing social isolation and loneliness. To **connect** the lonely with **community**, and ultimately, with **Christ**.

Vision

A world in which frail older adults are **not isolated or lonely**; where elders are **connected**, valued in their **communities**, and have a relationship with **Christ**.

One Hope Advisors

Whitney Brooks, NBC-HWC,
Certified Integrative Health Coach
through Duke Integrative Medicine

Dr. Chris Schofield, Director,
Office of Prayer, Baptist State Convention
of North Carolina

Mark Smith, Senior Consultant, Family
Evangelism and Discipleship, Baptist State
Convention of North Carolina

Call **877.506.2226** to schedule
a **One Hope** workshop for
your church.



North Carolina Baptist Aging Ministry
877.506.2226 • ncbam.org

A ministry of Baptist Children's Homes of North Carolina
Michael C. Blackwell, President/CEO and NCBAM Founder



A spiritual response
to isolation & loneliness

**CONNECTION
COMMUNITY
CHRIST**

*There is one body and one Spirit, just
as you were called in **one hope** of your
calling; one Lord, one faith, one baptism;
one God and Father of all, who is above
all, and through all, and in you all.*

– Ephesians 4:4-6